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National Institute
of Public Health



REPUBLIKA SLOVENIJA
SLUŽBA VLADE REPUBLIKE SLOVENIJE ZA RAZVOJ
IN EVROPSKO KOHEZIJSKO POLITIKO



EVROPSKA UNIJA
EVROPSKI STRUKTURNI
IN INVESTICIJSKI SKLADI

Interdisciplinary approach in tackling hazardous and harmful alcohol drinking in adults

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Ljubljana, Slovenia

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Not owning the photos - all downloaded from internet

WHY?

- ALCOHOL BURDEN
- LOW LEVEL OF AWARENESS ABOUT NATURE AND TREATMENTS OF HAZARDOUS AND HARMFUL ALCOHOL DRINKING (H&HAD) AMONG EXPERTS
- LOW LEVEL OF AWARENESS ABOUT H&HAD AMONG OTHER MEMBERS OF THE COMMUNITY, ESPECIALLY THE PATIENTS/CLIENTS THEMSELVES
- LIMITED COUNSELING SKILLS OF HEALTH CARE EXPERTS AND SOCIAL WORKERS
- THE NEED FOR EFFECTIVE APPROACH TO TACKLE THE H&HAD IN ADULTS
- SYSTEM PROBLEM

Development and advocacy of interdisciplinary approach in tackling H&HAD

1st phase: WHAT - BASIC IDEA

1 entry points and intervention protocols for tackling H&HAD within expert profiles and sectors

2 protocol of cooperation between (CHC and SWC) experts

3 protocol of referral to and cooperation with psychiatric service and AA/Al-Anon in case of (possibility of) ADS



- Tackling H&HAD interdisciplinary team -

HEALTH CARE SYSTEM/COMMUNITY HEALTH CENTRE

SOCIAL CARE SYSTEM/SOCIAL WORK CENTRE and EMPLOYMENT SERVICE

general practitioner/family doctor (GP/FD) in MP,

registered nurse in Model practice (MP)

BI expert in Health education centre (HEC)

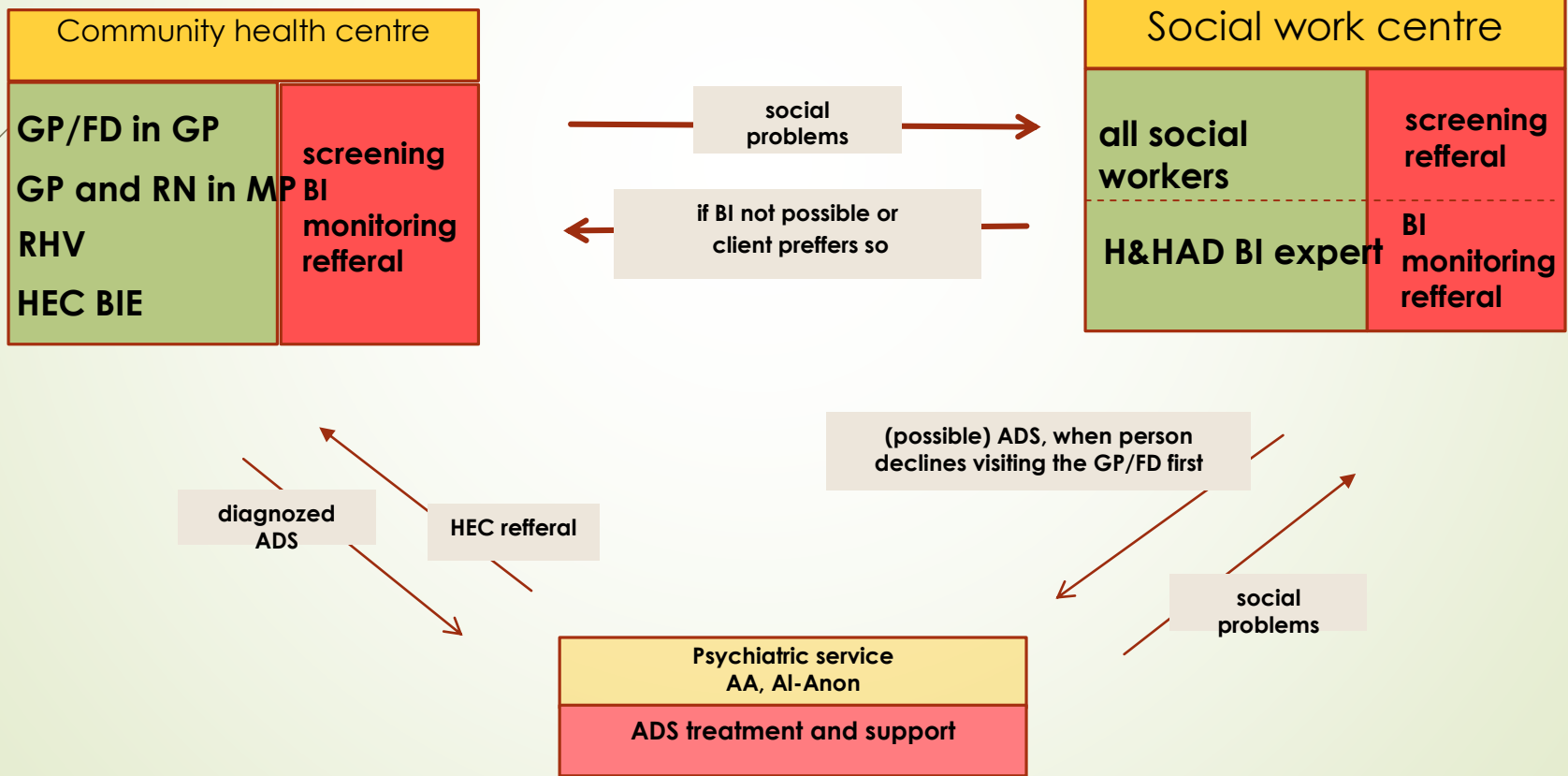
social worker (SW)

registered health visitor (RHV)

Protocols within the profiles and cooperation between the profiles

Target groups and who does what?

Target groups: - persons who drink in H/H ways or have (possible)ADS
 - adult relatives of persons who drink in H/H ways or have (possible)ADS
 - children of persons who drink in H/H ways or have (possible)ADS



- 2nd phase: local units involved in a (pre)pilot study-



- timeframe -

5 months (apr-aug)

- training experts in field -

a 2 days course in BI

- additional entry point-

The Health Insurance
Institute of Slovenia

3rd phase: new entry points

➤ HEALTH SECTOR

- general practitioner/family doctor (GP/FD) in MP,
- registered nurse in Model practice (MP)
- BI expert in Health education centre (HEC)
- registered health visitor (RHV)
- **HEC expert in social skills workshops**
- **work, sport and traffic medicine spec.**
- **Health worker in ER**
- **Gynecologist and obstetrician**
- **Cardiologist**
- **Health worker in blood donation actions**
- **Dentist**

- **NIPH – approach coordinator**

• SOCIAL SECTOR

- social worker (SW) in SCC
- work counselor in employment service

• NGOs

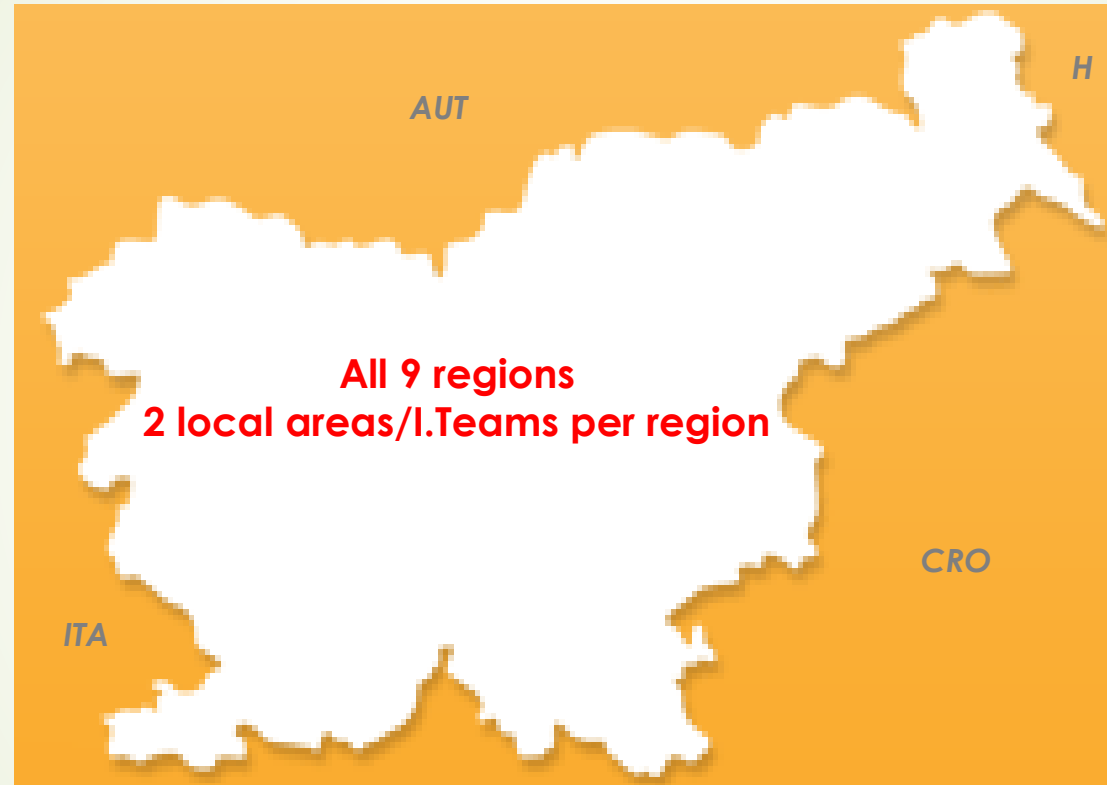
- **Persons with special needs associations** (deaf&poor hearing, blind&visually impaired, physically disabled, mental disorders, associations in the family and social care field)
- **Charity and religious organizations**
- **Sport and cultural associations**

• Profiles with already established effective approach in ADS

- Psychiatrists alcoholologists
- AA, Al-Anon

- **POLITICAL DECISION MAKERS, MEMBERS OF COMMUNITY, MEDIA (local authorities, police, MoH, MWFSa ...)**

- 3rd phase: pilot -



- timeframe -

Development and training; 2017-2018
Pilot: 18 mnths
Evaluation and recomms for system level: -2020:

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Thank you for your attention.

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