

Round table 2

Working With Non-state Actors

Portuguese Alcohol and Health Forum Options and Challenges

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7th European Alcohol Policy Conference

22 and 23 November 2016

Ljubljana, Slovenia



REPÚBLICA
PORTUGUESA

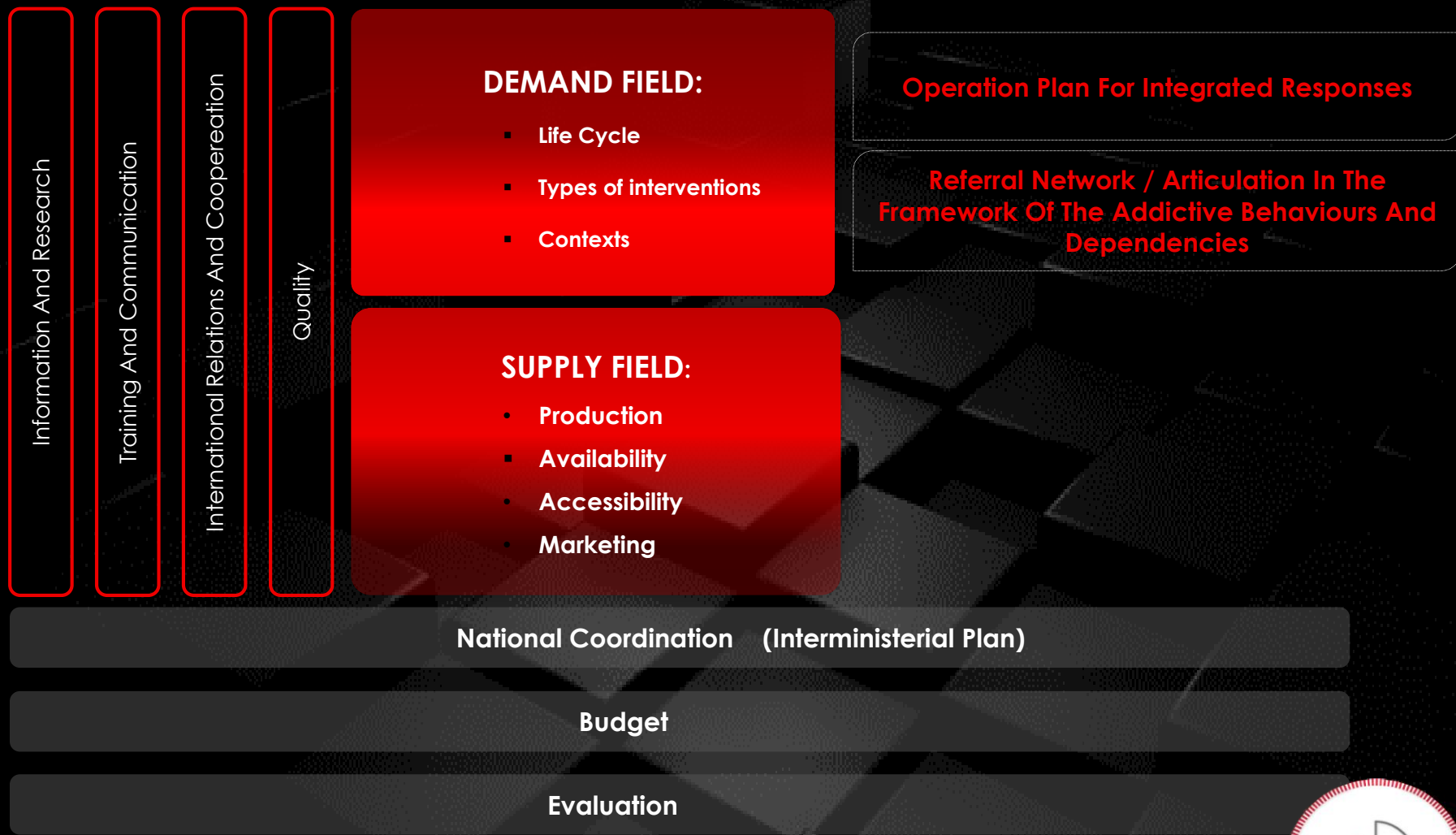
SAÚDE



SICAD

Serviço de Intervenção nos
Comportamentos Aditivos
e nas Dependências

Structure Of The National Plan For The Reduction Of Addictive Behaviours And Dependencies 2013-2020



Plan for the Reduction of Addictive Behaviours and Addictions 2013-2020

NATIONAL POLICY TO REDUCE ALCOHOL RELATED PROBLEMS

NATIONAL
COORDINATION

CLEAR
TARGETS

REFERRAL
NETWORK

NATIONAL
FORUM

DATA BASE



National Alcohol and Health Forum

Common platform for stakeholders at national level to pledge to reduce alcohol-related harm

production and retailing

public health

media and advertising

youth and family organisations

professional bodies

scientific societies

education and universities



PT Alcohol and Health Forum

3 Statements



Under 18



Driving



Pregnancy and breastfeeding

Work Base

**No drinking
when:**



PT Alcohol and Health Forum

Members & Commitments

Organisations in the Forum

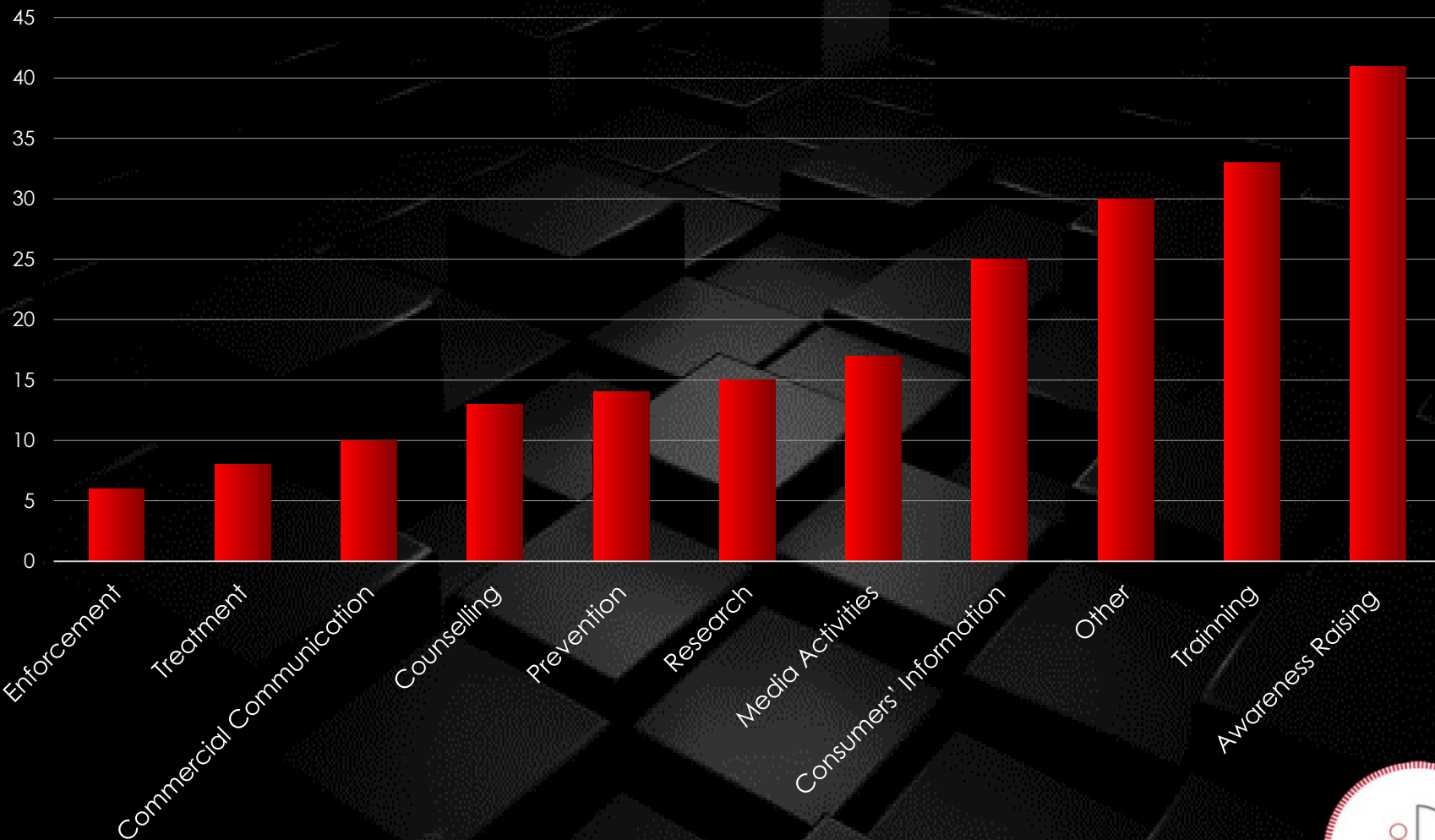
Commitments
2015

Public Administration (21)	28
Municipalities (3)	4
Public-private organisations (5)	4
Universities (7)	8
Scientific Societies and Professional bodies (9)	6
Production and retailing (11)	16
ONG e IPSS (15)	17
Trade Unions (2)	2
73 Organisations	TOTAL 83



PT Alcohol and Health Forum

Type of Commitments



Portugal – Indicators and Targets

Goal: Reduce 15% until 2016 and 30% until 2020		ONSET	GOAL	REACHED
Perceived availability of substances (%)		2011	2016	
Students 13 -15 years	Beer	49%	42%	44%
	Wine	48%	41%	40%
	Spirit drinks	33%	28%	28%
Students 16 -17 years	Spirit drinks	70%	59%	59%



Goal: Increase Portuguese average above the current European 2 points		ONSET	GOAL	REACHED
Perception of high risk of being hurt	Consumption of 1-2 alcoholic drinks every day	2011	2016	
Students 16 years	Portugal	25%	32%	25%
	Europe	30%		



Portugal – Indicators and Targets

Goal: Decrease the start of consumption aged 13 years or less by 15% by 2016 and 30% by 2020 and the beginning of patterns of harmful consumption aged 13 years or less by 25% by 2016 and 50% by 2020		ONSET	GOAL	REACHED	
Beginning of consumption aged 13 years or less		2011	2016		
Students 16 years	Portugal	51%	43%	41%	😊

Goal: Reduce by 10% by 2016 and by 20% by 2020			GOAL	REACHED	
Prevalence of recent consumption (last 12 months)		2011	2016		
Students 16 years	Drunkness	29%	26%	22%	😊

Reduce by 25% by 2016 and by 50% by 2020		ONSET	GOAL	REACHED	
		2011	2016		
Portuguese Population 15-74 years	Hospital admissions with a diagnosis of alcoholic hepatitis or cirrhosis	3969	2977	3039	😞



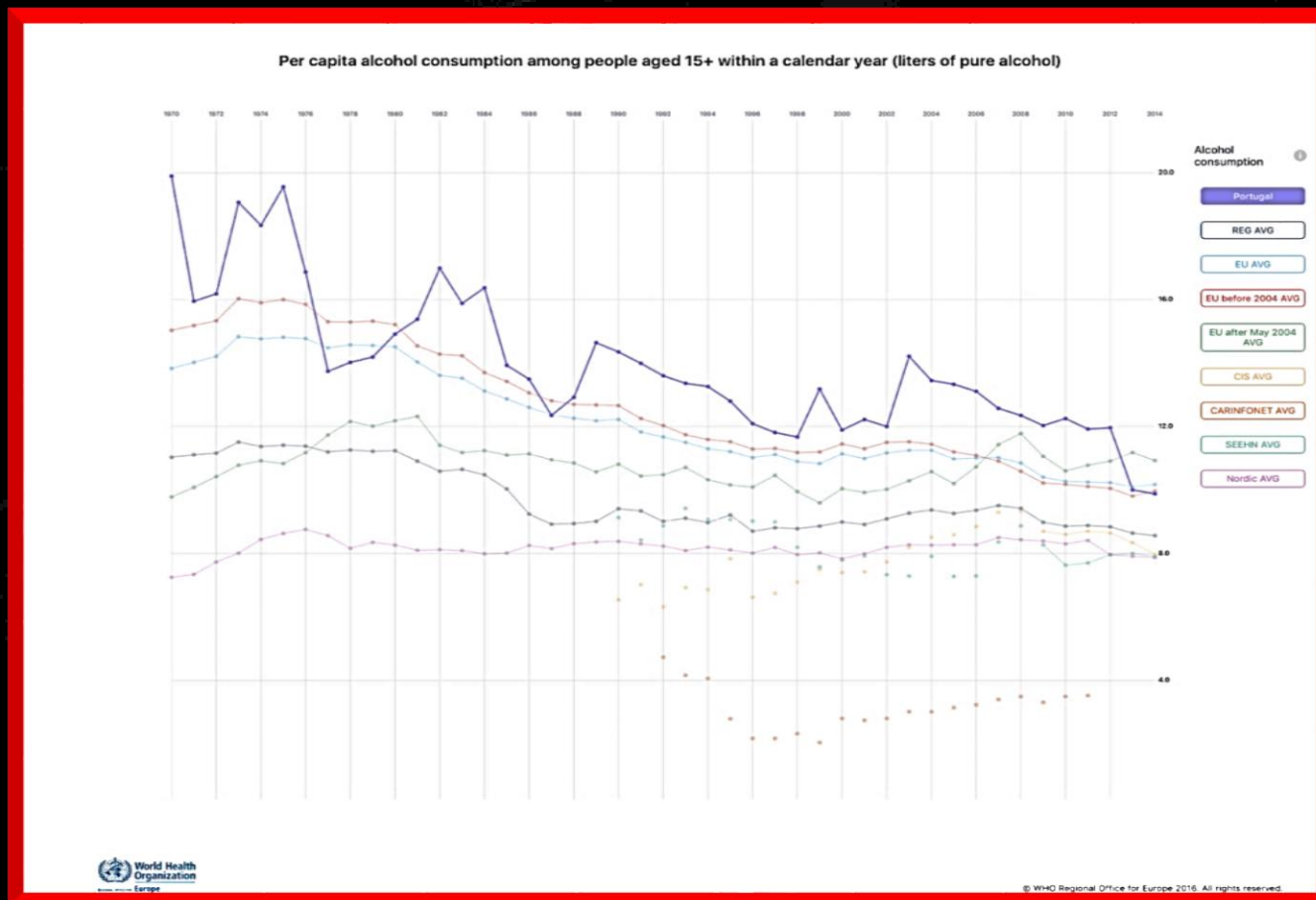
Portugal – Indicators and Targets

Perception of Alcohol-Related Harm (1-2 Drinks Almost Every Day)
Students (16 years)



Portugal – Indicators and Targets

WHO – Per capita Consumption among people aged 15+ within a calendar year (liters of pure alcohol)



Thank you 😊!

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